

Prevalence of malocclusion in a Brazilian schoolchildren population and its relationship with early tooth loss

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Abstract

The purpose of this study was to evaluate the prevalence of malocclusion in a Brazilian schoolchildren population in the mixed dentition, assessing its relationship with early tooth loss. The study population consisted of 1,014 7-11-year-old children of both genders, with low socioeconomic backgrounds and multiracial characteristics, living in the city of Jequié, in the Northeast region of Brazil. The clinical examination was carried out by an adequately calibrated orthodontist in the children's classrooms. Data were analyzed statistically by either chi-square or Fisher's exact test ($\alpha=0.05$). Angle's classification revealed that 22.3% of the population had normal occlusion. Class I malocclusion was observed in 47.6%, Class II division 1 in 21%, Class II division 2 in 0.9% and Class III in 8.2% of the children. Excluding the subjects ($n=199$) with early tooth loss, which is a condition that can modify malocclusion status, the distribution was as follows: Class I (36.2%), Class II division 1 (17.5%), Class II division 2 (0.7%) and Class III (3.7%). Early tooth loss was more commonly observed in boys (Class I, Class III left side, and both sides simultaneously). Anterior crossbite was observed in 5.7% of the subjects, posterior crossbite in 8.4%, anterior and posterior crossbite simultaneously in 2.6%, open bite in 13% and crowding in 49.6%. In conclusion, Class I malocclusion was the most prevalent alteration. The occlusal pattern of Class III was more common than Class II division 2, among the examined individuals.

Key words:

malocclusion, orthodontics, open bite, crossbite, tooth loss.

Introduction

Orthodontic care in Brazilian public dental services is still rare, probably due to the high treatment cost and the lack of specific public assistance policies. A systematic and well-organized dental care program for any target population in a community requires some basic information, such as the prevalence of the condition to be assessed¹. Jequié is a city in the State of Bahia, in the Northeast region of Brazil, with a population from a low socioeconomic background. The population is mainly composed of biracial subjects with characteristics between white and black, which is a multiracial condition commonly observed in the State of Bahia. However, few

epidemiological studies have been conducted with regard to the prevalence of malocclusion in this region.

As socioeconomic factors interfere significantly with oral health, developing nations still have problems with children suffering from early tooth loss mostly due to caries²⁻⁴. This situation is directly related to malocclusion being an important factor for its establishment as well as for changing the malocclusion classification interpretation due to tooth migration. The Angle's classification⁵ method has been widely used as a qualitative epidemiological tool for malocclusion assessment. Moreover, the prevalence of malocclusion has been extensively investigated worldwide⁶⁻¹² (Table 1).

The high prevalence of malocclusions implies that public health efforts are required, as such conditions affect negatively the individual's quality of life, particularly in the case of children and adolescents, who are sensitive about their appearance¹³⁻¹⁸. A previous study with 395 Canadian children also found a high caries prevalence in primary teeth, reporting percentages of 30.4% and 20.6% for children aged 6 and 9 years, respectively¹⁹. An

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Table 1 - Literature regarding the prevalence of malocclusion worldwide

	First author	Year	Normal occlusion	Class I	Class II	Class III
American children and adolescents	Breham ⁶	1961	16.6%	60.1%	22.8%	0.5%
Swedish children	Björk ⁷	1974	26.4%	51.8%	18.9%	2.8%
English children	Haynes ⁸	1970	26.8%	50.3%	19.5%	2.5%
Brazilian children	Silva Filho ⁹	1989	11.4%	42.5%	42%	3%
Turkish children	Sayin & Türkkahraman ¹⁰	2004	-	64%	24%	12%
Brazilian children	Biázio et al... ¹¹	2005	23.4%	74.5%	20.2%	5.1%
Brazilian children	Schwertner et al... ¹²	2007	-	72.9%	23.5%	3.6%

epidemiological study with 493 Nigerian children of different socioeconomic groups emphasized the need for treating crowded teeth (18.9%), carious lesions (14.8%), oral habits (7.3%), crossbite (10.3%), late primary tooth loss (6.9%), and early primary tooth loss (4.3%)²⁰. The early loss of primary teeth can often result in malocclusion in a later moment²¹ involving the sagittal, vertical and transverse planes, thus becoming priority cases needing dental treatment²². Therefore, the purpose of this study was to evaluate the prevalence of malocclusion in a Brazilian schoolchildren population in the mixed dentition, assessing its relationship with early tooth loss.

Material and Methods

The study population consisted of 1,014 7-11-year-old children (mean age = 9.52 ± 1.16 years) of both genders, being 503 boys (49.6%) and 511 girls (50.4%), who lived in the city of Jequié, in the Northeast region of Brazil. The population presented low socioeconomic backgrounds and multiracial characteristics. Five public primary schools, representing different districts, were randomly selected from over 20 schools. After obtaining informed consent from their parents, and also approval from the school authority to conduct the study, one orthodontist (C.O.O.) examined the students clinically under natural illumination, using a sterile wooden spatula, mask and disposable gloves.

Assessment of the anteroposterior relationship of the dental arches was based on Angle's classification⁵. Other occlusal problems, such as anterior and posterior crossbite, open bite and tooth crowding were observed in this study. Data referring to early primary or permanent tooth loss, and patient identification, gender, age, address, and telephone number were also recorded by another dentist. In assessing the occlusal classification, the teeth were in maximal intercuspation, which was achieved by asking the subject to swallow and then to clench the teeth. Occlusions with minor deviations from the hypothetical concept of the ideal in permanent dentition, which did not cause esthetic or functional problems, were classified as normal.

According to the 2003 Education census²³, a total of 35,740 schoolchildren were attending local or state schools in the city of Jequié (excluding private and federal institutions), the great majority (n = 32,933) being public

elementary schoolchildren. As a result, the sample selected for the present survey (n = 1,014) had a high reliability for epidemiological studies. Sampling error of 2.46% was calculated for the studied population with 95% confidence interval. Intraexaminer reliability, tested by re-examining 40 subjects after an interval of 2 to 4 weeks, was very high (r = 0.97; p < .001).

The research protocol was independently reviewed and approved (process #066/2005) by the Human Ethics Research Committee of the Dental School of Piracicaba (FOP-UNICAMP).

Statistical Analysis

The data were submitted to statistical analysis by using either chi-square test or Fisher's exact test for bivariate analysis at 5% significance level (p < 0.05). Data analysis was performed using SPSS statistical software for Windows v.10.0 (SPSS Inc., Chicago, IL, USA), which also includes frequency distribution and test of association.

Results

Normal occlusion was found in 22.3% of subjects (Table 2). The prevalence of malocclusion changed when the individuals with tooth loss were excluded. In Class I and Class III individuals, malocclusion prevalence dropped from 47.6 to 36.2% and from 8.2 to 3.7%, respectively.

As regards gender (Table 3), no statistically significant difference (p > 0.05) was observed between boys (75.6%) and girls (79.8%) regarding malocclusion prevalence. Statistically significant difference (p < 0.05) was observed in children with Class II division 1 right side subdivision (boys = 1.6% and girls = 6.7%) and Class III left subdivision (boys = 2.6% and girls = 0.2%) malocclusions. The distribution of early tooth loss (Table 4) was statistically different (p < 0.05) comparing Class I (boys = 13.5% and girls = 9.4%), Class III left subdivision (boys = 1.8% and girls = 0.4%) and Class III both sides (boys = 2.3% and girls = 0.8%).

Table 5 shows the distribution of other occlusal problems observed in the studied population. Anterior crossbite, posterior crossbite and open bite were found in 5.7, 8.4 and 13% of the subjects. Statically significant by gender was observed only for tooth crowding (p < 0.05).

Table 2 - Occlusal classifications and malocclusions with early tooth loss excluded

Occlusal classifications	n (%)	Malocclusion with early tooth loss excluded
Normal Occlusion	226 (22.3%)	-
Class I	483 (47.6%)	367 (36.2%)
Class II Division 1	213 (21%)	177 (17.5%)
Class II Division 2	9 (0.9%)	7 (0.7%)
Class III	83 (8.2%)	38 (3.7%)
Total	1014 (100%)	589 (58%)

Table 3 - Distribution of normal occlusions and malocclusions by gender

Occlusal classifications		Boys	Girls	p value*
Normal occlusion		123 (24.4%)	103 (20.2%)	0.1002
Class I		242 (48.1%)	241 (47.2%)	0.7623
Class II division 1		67 (13.3%)	80(15.7%)	0.2909
Class II division 1 subdivision	Right side	8 (1.6%)	31 (6.7%)	< 0.0001
	Left side	14 (2.8%)	13 (2.5%)	0.8129
Class II division 2		3 (0.6%)	3 (0.6%)	1.000
Class II division 2 subdivision	Right side	0	2 (0.4%)	0.4995
	Left side	0	1 (0.2%)	1.000
Class III		27 (5.4%)	26 (5.1%)	0.8414
Class III Right subdivision		6 (1.2%)	10 (2.0%)	0.329
Class III Left subdivision		13 (2.6%)	1 (0.2%)	< 0.0001

*Statistically significant if $p < 0.05$ (Chi-square test or Fisher's exact test).

Table 4 - Distribution of children with early tooth loss

Early Tooth Loss		Boys	Girls	p value*	
Class I		68 (13.5%)	48(9.4%)	0.0391	
Class II	Division 1	right side	7 (1.4%)	8 (1.6%)	0.8186
		left side	3 (0.6%)	7 (1.4%)	0.3415
		both sides	3 (0.6%)	8 (1.6%)	0.2242
	Division 2	right side	0	0	-
		left side	1 (0.2%)	1 (0.2%)	1.000
		both sides	0	0	-
Class III	right side	5 (1.0%)	10 (2.0%)	0.2041	
	left side	9 (1.8%)	2 (0.4%)	0.0362	
	both sides	15 (2.3%)	4 (0.8%)	0.0105	
Subtotal		111 (10.9%)	88 (8.6%)	0.029	
Total		199 (19.6%)			

*Statistically significant if $p < 0.05$ (Chi-square test or Fisher's exact test)

Table 5 - Distribution of other types of malocclusions

	Total		Boys		Girls		p value*
	n	%	n	%	n	%	
Anterior crossbite	58	5.7	25	2.4	33	3.2	0.4349
Posterior crossbite	85	8.4	31	3.0	54	5.3	0.1643
Anterior and posterior crossbite	26	2.6	14	1.3	12	1.1	0.9661
Open bite	132	13.0	55	5.4	77	7.5	0.2265
Tooth crowding	503	49.6	231	22.7	272	26.8	0.0036

*Statistically significant if $p < 0.05$ (Chi-square test or Fisher's exact test).

Discussion

The rate of normal occlusion observed in the present study (22.3%) differed from another study reported in the southern region of Brazil (11.47%)⁹. However, the normal occlusion score in Jequié was similar to that in Swedish (26.4%)⁷ and English children (26.8%)⁸. In African-American children, it has been reported that 17% of the children had normal occlusion²⁴, while another study found a prevalence of 16.6% in white American children⁶.

There are several etiologic factors (e.g.: early tooth loss, oral habits) for malocclusions that modify all occlusal development. These factors are more important than the racial characteristics. In the present study, Class I malocclusion was found in 47.6% of the sample versus 55% found in a city of the Southern Brazil⁹. However, when the children with early tooth loss were excluded from the analysis, the percentage dropped to 36.2% in our study. Exclusion of individuals with early tooth loss from malocclusion prevalence studies has been considered as relevant for reducing significantly the number of children with Class I malocclusion. The findings of the present survey showed that early tooth loss interfered with malocclusion classification.

Tooth migrations also changed the occlusal characteristics of the subjects in Class II Division 1, with a decrease from 21% to 17.5%, and in Class III malocclusion, from 8.2% to 3.7%. This finding does not agree with the results of a previous study involving 1,201 white Brazilian children aged 6 to 12 years, which reported a percentage of 43.4% and 1.2% for Class II and Class III malocclusions, respectively²⁵. In Class II division 1, differences also occurred from other studies: Onyeaso¹ (12.3%), Haynes⁸ (12.5%) and Foster and Day²⁶ (27.2%). The methodologies and/or the characteristic of the samples could explain the differences. In this study, the prevalence of Class III with early loss tooth agrees with the rates reported by Foster and Day²⁶ (3.5%), but presented differences from those reported by Haynes⁸ (2.5%) and Goose et al...²⁷ (2.91%). In this study, there was a higher percentage of Class III malocclusions (3.7%) than Class II division 2 (0.7%). Onyeaso¹ demonstrated a trend towards more Class III

malocclusion in black children (11.8%), which seems to be related to the miscegenation of the schoolchildren in the Jequié sample. In order to evaluate the differences between ethnic groups and malocclusion prevalence, A previous study²⁸ involving low-socioeconomic level black and white 8-9-year-old children was carried out in Pretoria, South Africa and found a significantly higher percentage of white children presented with Class II malocclusions, while black children showed a higher tendency for the Class III malocclusion.

According with Table 4, early tooth loss in Class III left side was more significant for boys than girls ($p=0.0362$), which accounted for the significant differences in Class III subdivision left between genders in Table 3 (boys = 2.6% and girls = 0.2%). The tooth early loss in Class III on both sides elevated the severity of Class III (mandibular early loss). If the migrations occurred in the maxillary arch, the malocclusions were probably changed into Class I or Class II. The high differences in Class I (Table 2) promoted a significant value increase in the subtotal of early tooth loss ($p=0.029$); this condition would appear to be because of better oral hygiene care in girls than in boys. Early tooth loss should be taken into account for research as it is an important etiological agent with severe consequences for occlusion²². The differences between boys and girls in the Class II division 1 subdivision right and Class III subdivision left seemed to be due the early loss (Table 3). Several studies^{1,7-9} showed that no statistically significant sex differences were founded in the prevalence of malocclusions.

Other occlusal problems (Table 5), such as anterior crossbite (5.7%) and open bite (13%) were in agreement with the previous data of Ramos et al...²⁹, who observed that 6.7% of 218 children had anterior crossbite, and 15.4% of the sample presented open bite. However, differences were observed in the prevalence of posterior crossbite (8.4%), tooth crowding (49.6%) and early tooth loss (19.6%) compared to the results of another study²⁹, which were 14.4%, 34% and 30.7% for posterior crossbite, tooth crowding and early tooth loss, respectively. A greater prevalence of crowding was observed in our study.

The results of the present investigation demonstrated the importance of early tooth loss as an etiologic factor of malocclusions. Moreover, further studies involving multiracial populations are necessary in the Brazilian population, which requires increased attention from the public health system regarding dental assistance and preventive orthodontic care.

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