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Effect of cavity-cleaning agents on shear bond strength between self-etching adhesives and dentin

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Aim: The effect of cavity-cleaning agents on shear bonding strength between self-etching adhesives and dentin was evaluated. Methods: Twenty-five healthy human third molars were worn to obtain flat middle dentin. The samples were randomly divided into five groups according to the cleaning agent used: group CB not treated with any cavity disinfectants and served as control. Following groups, dentin surfaces were treated with 2% chlorhexidine (CHX group); 3% hydrogen peroxide (HP group); calcium hydroxide water (CH group); and 70% ethyl ethanol (E group). The dentin surfaces were cleaned by friction for 20 s and dentine bonding agent, Clearfil SE Bond, was applied. Cylinders (5.0 mm 1.2 mm, n = 19) of fluid composite resin were placed on the dentin surface, and the teeth were stored in deionized water at 37°C for 24 h. Subsequently, the samples were subjected to the shear bonding test, and the obtained values were subjected to one-way ANOVA and Tukey's test (α = 0.05). The failure pattern was analyzed descriptively by examining the specimens with a stereoscope at a magnification of 4', and failure was classified into adhesive, cohesive or mixed type. Results: Shear bonding was significantly lower in group HP (6.17 ± 5.69 MPa). The groups CB, CHX, CH and E were statiscally similar, 22.15 ± 6.54MPa; 18.40 ± 7.26MPa; 18.07 ± 5.98MPa; 16.43 ± 6.19MPa respectively. The failure modes observed were only adhesive and mixed. Conclusion: The use of 2% chlorhexidine, calcium hydroxide water, and 70% ethyl ethanol did not negatively affect bond strength. Only 3% hydrogen peroxide is contraindicated as a cavity cleaner in adhesive restorative procedures when self-etching system is used.

Keywords: Chlorhexidine. Dental Bonding. Adhesives.

Introduction

The integrity and longevity of restorative procedures using adhesive systems depend on several factors, including polymerization contraction, hydrolysis of the hybrid layer, and rate of penetration by bacteria, buccal fluids, and chemical substances and the presence of these factors can make the restoration last less than expected^{1.4}.

During the cavity preparation, the dentin may be covered with bacteria, dirt, debris from diamond burs, and a smear layer, which may hinder the penetration of monomers during hybridization. The presence of some microorganisms are one of the main reasons for replacing restorations, and the toxins of these bacteria may diffuse through the dentinal tubules to the tooth pulp, causing sensitivity, pulp inflammation, and even necrosis^{1,5}. Histological and bacteriological studies indicate that only a part of the dentin become sterile after cavity preparation, and the remaining bacteria may survive for more than one year⁶. However, Elkassas et al.¹ found that bacteria might remain viable for 139 days in restorations performed under non-antiseptic conditions.

When the etch-and-rinse system is used, the phosphoric acid removes all the debris present in the dentin, making it ready to undergo hybridization, but this does not happen when self-etching systems are used, so a bactericides and bacteriostats substances are needed for clean up the dentin before restorative procedures. The use of this substances is questionable during clinical practice, because they may interfere in the quality of the bond strength created by the adhesive system⁷⁻⁹. Therefore, the substances used for this purpose should maintain their antimicrobial action without affecting the bond strength of adhesive systems¹.

For decades, many substances have been used as cavity-cleaning agents, including chlorhexidine digluconate, ethylene diamine tetra-acetic acid, sodium hypochlorite, hydrogen peroxide, iodine, benzalkonium chloride, copper sulfate, galardin, tetracycline, bisphosphonate, and quaternary ammonium compounds^{5,6,10}. Therefore, the objective of this study is to evaluate the effect of cavity-cleaning agents on shear bonding strength between self-etching adhesives and human dentin immediate after restorative procedure and the hypothesis tested is that the use of these substances as cavity-cleaning does not influence the shear bonding strength when self-etching system is used.

Materials and Methods

The study was approved by the Human Research Ethics Committee of the Federal University of Juiz de Fora under Protocol No. 2.085.214. Twenty-five healthy human third molars were cleaned and stored in deionized water under refrigeration until use. The teeth were fixed in Teflon molds (20 mm \times 25 mm \times 15 mm) with self-curing acrylic resin (JET Clássico, Santa Catarina, Brazil), with the occlusal side facing down and a wax plate used as a guide plane on this side.

Subsequently, the occlusal enamel in the samples was worn off using a sanding machine (Politriz Lixadeira, Metalprisma, São Paulo, Brazil) with silicon carbide (SiC) discs at granulations #80, #120, and #400 to expose flat areas in the middle dentin,

followed by granulation #600 to standardize the smear layer. The samples were randomly distributed into five groups; CB (the control group); CHX (chlorhexidine); HP (3% hydrogen peroxide); CH (calcium hydroxide water) and E (70% ethyl ethanol) (Table 1).

All the substances tested were actively applied with a disposable brush tip for 20 seconds and dried using a mild air jet for 20 seconds before the application of the system adhesive. Hybridization was performed using the Clearfil SE Bond self-etching adhesive system (CB) (Kuraray, Tokyo, Okayama, Japan), as per the manufacturer's instructions. First the acid primer was applied actively for 20 seconds, dried with a mild air jet for 20 seconds followed by applying the adhesive actively for 20 seconds and drying with a light jet of air with subsequent light-cured with an LED lamp (Bluephase N- Ivoclar Vivadent, São Paulo, Brazil) at a light intensity of 1,200 mW/cm² for 20 seconds.

After hybridization, four cylinders of 5.0 mm ' 1.2 mm of fluid composite resin Z350 Filtek Flow (3M ESPE, St Paul, Minnesota, USA) were build up in each sample, using a polymer matrix, placed into the dentin and light-cured with an LED lamp (Bluephase N- Ivoclar Vivadent, São Paulo, Brazil) at a light intensity of 1,200 mW/cm² for 40 s. All samples were stored in deionized water in a heater (Nova Ética, São Paulo, Brazil) at 37°C for 24 hours to obtain the maximum conversion of monomers into polymers of the adhesive bond systems and the composite resin used. The shear test was done after 24 hours, because it was expected to know if these cleaning protocol was efficient in self-etching systems immediate after restorative procedure simulating the clinical conditions.

The test specimens were subjected to the shear bonding test using a universal testing machine DL 2000, EMIC (São José dos Pinhais, Paraná, Brazil) coupled to a cell with a load of 500 kgf, where a 0.7-mm orthodontic wire as a force actuator, at a speed of 1 mm/min until failure occurred (Fig. 1). The loads (in MPa) obtained in the shear

Table 1. Materials (manufactures) and composition of products used in the study

Material/ Manufacture	Composition
Clearfil SE Bond (Kuraray – Okayama, Japan)	1-Primer: 10-MDP, HEMA, hydrophilic dimethacrylate, camphoroquinone, N/N-diethanol p-toluidine and water
	2- Bond: 10-MDP, Bis-GMA, HEMA, camphoroquinone hydrophobic dimethacrylate, N/N-diethanol p-toluidine bond and coloidal silica
Filtek Z 350 XT Flow (3 M ESPE/ St Paul, MN-USA)	Silane-trated ceramic, Bis-GMA, Bis-EMA, TEGMA, silane-treated sílica, silane-teated zircôniom oxide and functionalized dimethacrylate polymer
Chlorhexidine 2% (Maquira, Maringá, Brazil)	2% chlorhexidine digluconate, methylparaben and water
Calcium hydroxide PA (Biodinâmica, Ibiporã, Brazil)	Calcium hydroxide PA. (99 a 100,5%)
Hydrated ethanol 70° INPM (Start, São Paulo, Brazil)	Ethyl alcohol, denatonium benzoate and water
Hydrogen peroxide at 10 volumes (Farmax, Divinópolis, Brazil)	Hydrogen peroxide a 3%



Figure 1. Sample placed on the Universal Testing Machine for the shear test.

Table 2. Shear bond strength values (standard deviation) according to the groups (MPa).

Groups	Mean ± standard deviation (MPa)
Group CB	22.15± 6.54 A
Group CX	18.40± 7.26 A
Group HP	6.17± 5.69 B
Group CH	18.07± 5.98 A
Group E	16.43± 6.19 A

Different letters indicate significant difference between the treatment (p<0.05)

bonding test were analyzed using one-way analysis of variance (ANOVA) and Tukey tests at a level of significance of 5% (p \leq 0.05) by the IBM SPSS Statistics 21 Software.

The failure pattern was analyzed descriptively. The samples were examined under a stereomicroscope (SteREO Discovery Stereomicroscope, São Paulo, Brazil) coupled to a camera (AxionCam ERc5s, São Paulo, Brazil) at a magnification of 4x, and the failures were classified as adhesive (failure between dentin and restorative material), cohesive (failure in dentin or restorative material), or mixed (a combination of adhesive and cohesive failures).

Results

The obtained results are shown in Table 2. The statistical analysis indicated that applying chlorhexidine, calcium hydroxide water, and 70% ethyl ethanol did not decrease shear bonding strength and are also statistically similar, but 3% hydrogen peroxide had significantly decreased. The results show that only adhesive and mixed failure occurred, being 63% adhesive failure and 37% mixed failure (figure 2).

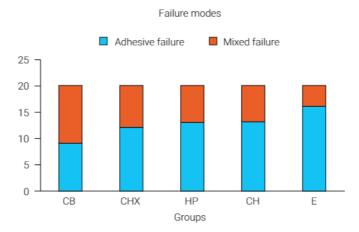


Figure 2. Distribution of failure modes.

Discussion

The hypothesis tested was rejected, since one of the substances tested, 3% hydrogen peroxide, presented statistically significant difference. The use of 3% hydrogen peroxide decreased shear bonding strength, probably because of the presence of oxygen at the dentin/adhesive interface, resulting in the formation of an oxygen inhibition layer and consequent inhibition of polymerization¹¹. Similarly, Ercan et al.⁵ observed that 3% hydrogen peroxide in a self-etching adhesive system yielded lower failure load values, but the loads produced using a conventional adhesive system did not decrease.

The deterioration of the hybrid layer is primarily caused by the hydrolysis and leaching of the resinous monomers that infiltrated the demineralized dentin matrix^{12,13}. Leaching is facilitated by the penetration of water into the crosslinked or hydrophilic domains of the adhesive. These domains have a limited rate of monomer-to-polymer conversion because of the separation of adhesive phases¹⁴ and the lack of compatibility between the hydrophobic photo initiator and the hydrophilic phase¹⁵. The poorly polymerized hydrophilic phase is degraded more rapidly in an aqueous medium¹⁰. It is known that conventional adhesive and self-etching systems do not completely infiltrate the collagen network, and the fibrils that remain exposed become susceptible to degradation¹⁶.

Enzymes present in dentin, including MMPs and cathepsins, are responsible for the degradation of the hybrid layer and have been shown to be activated by acid conditioning^{17,18}. To avoid these degradation, enzyme inhibitors can be used in different ways, for example, before or after the acid etching or incorporated in the adhesive system¹⁹.

The use of chlorhexidine in various concentrations is common in dental practice, and the use of this substance as a cavity-cleaning agent is part of the standard protocol in some countries. Chlorhexidine is effective against Gram-positive and Gram-negative bacteria and fungi as well as against the cathepsins MMPs 2, 8, and 9²⁰⁻²³. The failure loads measured in this study in group CHX, corroborate the results of previous studies^{3,10,22}, where the use of this substance was shown to be acceptable because

it does not significantly decrease shear bonding strength. When CHX is applied, an attack of moderately soluble phosphate crystals occurs, which, when not rinsed, may interfere in the bond quality due to the impedance of the monomer penetration into the dentin tubules²⁴. In the present study, this precipitated phosphate crystals did not prevent the penetration of the monomers.

In low concentrations, CHX, has bacteriostatic action, altering the osmotic balance of the bacterial cell, promoting the release of low molecular weight molecules (potassium and phosphor). On the other hand, in high concentrations has the bactericidal action, promoting the cell death by cytolysis, causing an increase in membrane permeability and, as a result, release of major intracellular components, including potassium, so, the cell structure is altered causing the precipitation of the cytoplasmic proteins²⁵. The efficacy of CHX is also related to its substantivity, which enables to remain bound to tissues having an antibacterial action of 8 to 12 hours, and it is possible to achieve the lowest effective dose required to inhibit bacterial plaque formation, even with a few administrations. Such substantivity is due to the ability of CHX to bind to mucins, which are proteins that form the salivary film. Studies performed by Carrilho et al. 26 showed that with the increase of the concentrations of CHX applied in demineralized dentin an absorption takes place, where it can bind the collagen matrix and the underlying mineralized matrix, being the best way to inhibit the proteases that act on the collagen, prolonging the life of the restorations 11,25,26.

Our results indicated that calcium hydroxide water did not affect shear bonding, but this have to be consider in self-etching systems. This may be because calcium hydroxide, even at low concentrations, has an affinity for the calcium ions present in dentin. Another reason may be the ability of the 10-methacryloyloxydecyl dihydrogen phosphate present in the CB formulation to bind to substrate calcium. The self-etching system have some functional monomers with only one or two chemical groups with connection to hydroxyapatite. In the case of self-etching adhesives, the adhesive interaction is reach through specifics functional monomers, like, 10-MDP, 4-MET and phenyl-P. However, the potential for chemical bonding alone is not efficient and the bonding formed must be stable in aqueous medium. Therefore, the chemical union promoted by 10-MDP is not only more effective, but also, more stable in water than the one promoted by 4-MET and phenyl-P27. So, the high index of clinical success of Clearfil SE Bond may be due to micromechanical union and the bonding promoted by 10-MDP. To the best of our knowledge, no studies to date have used calcium hydroxide water for this purpose, and the absence of data has prevented comparisons between studies and has to be consider that we only used in self-etching system.

The 70% ethyl ethanol is a substance widely used in clinical practice for disinfection. Actively applying 70% ethyl ethanol before dentin conditioning may have volatilized the ethanol, preventing subsequent solubilization of the acid monomers of the adhesive system, consequently preventing the decrease in shear bonding. Ethanol is widely used as a solvent in adhesive systems but is not present in the composition of CB, which uses water as its solvent. The higher vapor pressure of ethanol compared with that of water allows better evaporation by air drying. Ethanol is com-

monly used in conjunction with water as a co-solvent. In addition, water— ethanol mixtures are known to be azeotropic^{28,29}. This characteristic allows the formation of hydrogen bonds between water and ethanol molecules, resulting in higher evaporation of water—ethanol mixtures compared with that of pure water, further causing increased removal of water from the adhesive material and increased surface dehydration³⁰. Maciel et al³¹ have found that ethanol can harden demineralized collagen. This characteristic may explain why ethanol can keep interfibrillar spaces larger after solvent evaporation.

The use of 3% hydrogen peroxide decreased shear bonding loads, probably because of the presence of oxygen at the dentin/adhesive interface, resulting in the formation of an oxygen inhibition layer and consequent inhibition of polymerization³². Similarly, Ercan et al.⁵ observed that 3% hydrogen peroxide in a self-etching adhesive system yielded lower failure load values, but the loads produced using a conventional adhesive system did not decrease significantly.

In conclusion, chlorhexidine, calcium hydroxide water, and 70% ethyl ethanol did not significantly decrease shear bonding. Therefore, these agents can be used in combination with the self-etching adhesive system CB for restorative procedures. However, the use of 3% hydrogen peroxide is not indicated for this purpose.

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